

Minutes – Clinton County Board of Health
Public Meeting held
August 24, 2017 – 7:30 a.m.
Clinton County Administration Building – Conference Room “B”
1900 N. 3rd St., Clinton

<u>Board Members</u>	Dr. Mary Malcom	Present
	Dr. O. Daniel Osaro	Absent
	Dr. Sheryl Ernst	Present
	Jean Morgan, RN, BSN, MSED	Present
	Don Thiltgen	Present

Staff Present Shane McClintock, Director to the Board of Health
 Kelli Eggers, Administrative Assistant to the Board of Health

Others Present Michele Cullen, Genesis VNA and Hospice
 Lauren Schwardt, CSAC
 Joanne Hermiston, Women’s Health Services
 Leslie Mussmann, Areas Substance Abuse Council (ASAC)
 Jocelyn Meyer, Bridgeview Community Mental Health Center
 Cynthia Kaczinski, Hillcrest Family Services/WIC
 Kati McNeme, I-Smile

Chairperson **Malcom** called the meeting to order at 7:31 a.m. Roll call showed 4 members present. It was **moved** by **Ernst**, seconded by **Thiltgen**, to **APPROVE** the July 6, 2017 minutes as submitted. Motion carried 4-0.

AGENDA ITEM III – BOARD OF HEALTH

No updates.

AGENDA ITEM IV – COMMITTEE REPORTS

- A. **Finance** – No updates.
- B. **Personnel** – **McClintock** introduced **Kelli Eggers** as the new Administrative Assistant to the Board of Health.
- C. **Total Quality Management** – No updates.

AGENDA ITEM V – DEPARTMENT REPORTS

- A. **Environmental Services** – **McClintock** stated that Elvira is still on the back burner. He is seeking bids for alternative systems after talking with **Supervisor Srp**. **Srp** would like other ideas vs purchasing land and getting paid back. **McClintock** has found systems

that are relatively cheap. **McClintock** is still looking into this to see if it's a possibility. Then each homeowner would be in charge of their own system ensuring that he does not have to return. **Malcom** stated that costs of alternative technology have come down.

- B. Genesis VNA & Hospice– Cullen** stated that the application was approved for the state funding for local public health service contract. **Cullen** presented the contracts for **Macolm** to sign. One is for county money, one is for state. **Cullen** stated that Public Health and Wellmark Healthy Hometowns are working on a Community Health Improvement Plan. Mental Health, Eat Well, Physical Activity, and Tobacco are the 4 initiatives for this 5 year cycle. A draft report was submitted. **Mussmann** is facilitating a plan with ASIS for mental health. They are doing more training planning, working on tool kits for child care providers, and law enforcement. Move More committee has been working on Splash Dash for children that is coming up on August 30th. Promoting Fun, physical activity with face painting, a race, vendors, a blow up house, and food. The fee is \$5. **Cullen** is hoping for 125 children this year. September 25th is a walking audit. Health Hometowns and Clinton City Council are trying to increase walkability in the area. 89 schools participated in flu clinics last year with 8800 vaccinated. **Thiltgen** questioned issues with meningitis vaccines. **Cullen** stated that letters went out in January, and now parents are rushing to get the vaccines administered. They can only order so many vaccines at a time.
- C. Hillcrest Family Services/WIC– Kaczinski** stated that September 30th is the end of the grant year. Participation is down to about 92% of assigned participants. This coincides with no show rates. They are looking for ideas. They have new people calling, but current people are not showing up to their appointments. They are giving two reminder phone calls letting them know they will lose their benefits if they do not attend appointments. Farmers' Market received another disbursement that enabled them to provide benefits to 483 participants in Clinton and Jackson counties. It seemed like there was excitement in participating. The season is over October 31.
- D. Early Childhood Iowa/DECAT–** Unable to attend.
- E. Clinton Substance Abuse Council (GIC & CDC)- Schwardt** stated that the Gateway Impact Coalition received the EPA Grant. **Huisenga** is going to Kansas City next week for training for the EPA grant with **McClintock** regarding proper medication disposals. **McClintock** is unsure of the grant amount, but possibly \$25,000+. More information will be presented at the next meeting. The Gateway Impact Coalition also received the Stop Grant for \$45,030 a year for 4 years starting in September. This will be applied to the Clinton Middle School for alcohol reduction. There will be an overdose and addiction vigil on August 31st at 4:00 pm at the band shell. From 4:00-6:00 there will be bands and resource tables along with the Hidden in Plain Site Trailer. This is a sample teen bedroom for parents to go in and view possible hiding spots for drugs and paraphernalia. The education and awareness testimonials begin at 6:00 pm. **Malcom** questioned regarding the recent Opioid newsletter. She stated that every Wednesday, a

new bulletin goes up under Iowa Department of Health Opioids. You can subscribe to this. **Schwardt** stated that the De Witt Coalition is also finishing up their year. The DFC Grant ends September 29th. They just finished up youth leadership camps. 14 kids participated in Camanche, and 25 participated in De Witt. They will do it again next year with hopes that more high school aged youth will attend. A dodgeball tournament will be on September 17th from 1:30-5:00 PM at De Witt High School. Joseph Lemon from The Abbey will be a guest speaker discussing marijuana facts and myths. **Thiltgen** stated that there is excitement getting these youth involved and progress is being made.

F. Women's Health Services– Hermiston stated that sports physicals started in July. They will be working with ISmile to do a dental screening on pregnant women and children and refer for care if needed. They are involved with Mercy Hospitals for an initiative called Baby Friendly Task Force designed to increase breastfeeding rates. They have been at the Clinton Lumber Kings games promoting as well as the County Fair. They have also been campaigning with United Way in the community. September 12th there will be a session with United Way regarding budgeting and financial assistance. This is a hands on course to help people manage money. There will be a one on one mentoring component that lasts for 6 months afterwards. With the last session that was held, 2 people had a goal to pay off loans and they did well and are now applying for mortgages. They are working with schools with health education. The staff also just completed a human trafficking training that they do each year. **Kaczinski** stated that the Baby Friendly Initiative is for hospitals to show that they are pro breastfeeding. The hospital will not send formula home in the diaper bags. Trinity is pushing that they become Baby Friendly.

G. Area Substance Abuse Council (ASAC)/New Directions- Mussmann stated **Jen Gerdes** is moving on to the Humane Society. Starting in 2018 all HUD Housing has to be tobacco free. With that, they will start doing cessation classes to help people. This was a federal level decision. September is recovery month. August 31st is the Crush Event. After that they will do promotional information around the community regarding how many people are actually successful. They will tell stories amongst the recovery community. September 20th and 27th at 6:00 pm they will hold events at Clinton Community College in the Tech Center. The 1st video is about resiliency and the 2nd is about anonymous people and how to protect anonymity amongst those who wish to tell their stories. **Mussmann** stated that Iowa received an Opioid state targeted response funding. Locally, they have to do a five county strategic plan. Lynn, Benton, Jones, Jackson, and Clinton would fall under this category. This plans needs to be done by November. They are focus on getting doctors to be approved to provide the medication. The CDC has their Opioid Guide App available. This is an app for your phone to help determine the amounts that they should be prescribing.

H. Bridgeview Community Mental Health Center– Meyer stated that Morgan, a school based therapist will be coming back to Bluff Elementary in Clinton for two days a week.

They have a flier with school therapist's schedules. Someone will be in every building in Clinton County. A speaker from Bridgeview will attend the Overdose and Addiction Vigil. They will also have a table with resources there. September is National Suicide Prevention Month. 90% of victims had either a substance or mental issue or both. September 16th is World Suicide Prevention Day. They will use material from National Suicide Prevention Lifeline to reach out to the community. September 17 is the Breaking the Silence Walk at 1:00 PM at Imperial Lanes in Camanche. In the last 5 years, they have raised \$53,000 that was given to Bridgeview. The funds allow for school screenings. The cost this year is \$15 that includes a shirt, or you can register to walk free of charge.

- I. **Center for Alcohol & Drug Services, Inc. (CADS) –Emergency Management** –Unable to attend.
- J. **Emergency Management**– Unable to attend. **Thiltgen** stated that **Amanda Pearson** has taken a position with the sheriff's department, so an active search is on for her replacement.
- K. **Community Health Care, Inc-** Unable to attend.
- L. **ISmile- McName** submitted a report. There are changes with adult Medicaid dental benefits as of July 1st. There has been a decrease in reimbursement amounts, so many doctors are not providing. Two are left in the area, Schmidt Family Dentistry and Community Health Care. Last year only 22 pregnant women were seen, and just under 1800 kids. They would like to increase that number.

AGENDA ITEM VI – BOARD OF SUPERVISORS

Not in attendance.

AGENDA ITEM VII – PUBLIC COMMENT

Malcolm stated that we probably don't have a Facebook policy. She feels anything that fits in with the mission for the Board of Health would be acceptable. **Cullen** states we should have a social media policy. **Morgan** stated that resources for people should be on the county page under Board of Health.

AGENDA ITEM VIII – OLD BUSINESS

None.

AGENDA ITEM IX – NEW BUSINESS

None.

AGENDA ITEM X – NEXT MEETING DATE

October 19, 2017 at 7:30 a.m. at the Clinton County Administration Building, Conference Room "B". A following meeting was scheduled for December 14th, 2017 at 7:30 am at the Clinton County Administration Building, Conference Room "B".

AGENDA ITEM XI – ADJOURNMENT

Motion by **Thiltgen**, seconded by **Morgan**, to adjourn. Motion carried unanimously. Meeting was adjourned at 8:37 a.m.

Respectfully Submitted,



Kelli Eggers, Administrative Assistant to
the Board of Health

Approved _____



Dr. Malcom, Chairperson, Board of Health

Attachments can be viewed by contacting the Board of Health at the Clinton County Satellite offices.