Minutes - Clinton County Board of Health Public Meeting held

January 9th, 2020 - 7:30 a.m.

Clinton County Administration Building – Conference Room "B" 1900 N. 3rd St., Clinton

Board Members

Dr. Mary Malcom

Present

Dr. O. Daniel Osaro

Present

Jean Morgan, RN, BSN, MSED

Present

Don Thiltgen

Present

Chelsea Sullens, DPT

Present

Staff Present

Shane McClintock, Director to the Board of Health

Kelli Eggers, Administrative Assistant to the Board of Health

Others Present

Michele Cullen, CCPH/Genesis VNA

Joanne Hermiston, Women's Health Services

Jocelyn Meyer, Bridgeview CMHC

Laura Norris, MercyOne Leslie Mussmann, ASAC Angie Eacker, CHC Kristin Huisenga, CSAC

Nancy Burns, Emergency Management

Jim Irwin, Board of Supervisors

Malcom called the meeting to order at 7:30 a.m. Roll call showed 5 members present. It was moved by Osaro, seconded by Thiltgen, to APPROVE the November 7th, 2019 minutes as submitted. Motion carried 5-0.

AGENDA ITEM III - BOARD OF HEALTH

The Board welcomes new member, **Chelsea Sullens**. **Sullens** is a physical therapist at Rock Valley Physical Therapy in DeWitt and has treated patients there from 6 months of age all the way to 90 years old. She is a long time resident of Clinton County, having grown up in Camanche. She currently lives in Clinton and works in DeWitt. **Sullens** expressed her gratitude for being accepted onto the Board. She recently learned at a continuing education class that lowa is the 4th most obese state in the nation and is eager to work with the Board in making healthy improvements. **Malcom** asked if fall prevention is a part of her clinic as falls are the leading cause of trauma in the elderly. **Sullens** replied that it most certainly is.

AGENDA ITEM IV – COMMITTEE REPORTS

A. Finance - The finance committee met in late December in preparation for our budget

work session. The budget work session will take place on Tuesday, January 28th with the Board of Supervisors. **Thiltgen** noted that **Sullens** is able to choose which committee to be placed on. **Sullens** will join the finance committee.

- **B.** Personnel No updates.
- C. Total Quality Management No updates.

AGENDA ITEM V - DEPARTMENT REPORTS

- A. Environmental Services- McClintock noted that the Elvira project continues at a slow pace. Right now regarding the Service Agreement, we are now on part B and moving on to part C which is bidding. They are going to start the bidding process which takes about 3 to 6 weeks. Once that is done, the last part is D and that is when they are on the construction site. McClintock spoke with the Board of Supervisors and they have agreed to limit how much time they are there to limit the cost. They will make sure the contractor that gets the bid is competent. McClintock will assume the watch from that point on in making sure it is done correctly. Malcom explained to Sullens as a new member that Elvira has sewage that drains to an open ditch. Because of the pavement that runs through the town in both directions and the lot sizes, a compliant septic system has been difficult. Separation distances must be met. It has been over 20 years in the works. This system must be DNR compliant.
- B. Genesis VNA & Hospice— Cullen requested approval to submit the Health Care Coalition/Emergency Preparedness Grant. It was moved by Osaro, seconded by Thiltgen, to Approve said grant. Motion carried 5-0. Cullen explained this is the large Emergency Preparedness Grant which is being expanded from 9 counties to about 14 or 15 counties. This is about \$700,000 and is back to 7 regions. Cullens noted they now have Unity Point in Bettendorf writing the hospital portion of the grant. Malcom asked if EMS was still a part of this. Cullens said yes, a part of the public health side. Bethany Conklin is a wealth of resources and is very accountable with understanding the emergency preparedness side. She has a military background as well. Flu vaccines have wrapped up. 372 students were vaccinated in the county with a 30% penetration rate. Some of these students also go to their own providers for vaccinations. The nation is widespread currently however it looks as though the vaccine is helping to cut those numbers down. A letter regarding the compliance review with the Local Public Health Services Contract was submitted. The review passed with no deficiencies.
- C. Hillcrest Family Services/WIC- Unable to attend.
- D. Early Childhood Iowa/DECAT— Unable to attend. Informational event flier submitted regarding the Community Baby Shower on April 4th. Eggers stated the shower is designed for new or expectant mothers to be linked with resources in the community and there are additional fliers on her desk available. Prizes and give a ways are had at the shower and trainings are available.

- E. Clinton Substance Abuse Council (GIC & CDC)- Huisenga requested the Board's support and approval regarding the lowa Child Abuse Prevention Program Grant. Huisenga stated that this is for child abuse prevention. They must do a needs assessment and a work plan. They currently have the grant, but this would be an expansion. This would target elementary aged providers, while they are currently targeting middle school. This would partner with the 5-2-1-0 Grant. Clinton County can apply for \$150,000. The resiliency piece is a minimum of \$75,000 and they are applying for \$88,000. This is due to the fact that our county has the 3rd highest rate of child abuse in the state of lowa. It was moved by Sullens, seconded by Thiltgen, to Approve the signing of the Acknowledgement of Partnerships form to show partnership and support. Motion carried 5-0. Malcom stated that drug overdose is trauma. Huisenga noted there is a new coalition in the community designed to work on overdose and handed out a flier with meetings. The other coalitions still partner with schools in the county. Tonight Camanche schools host the Human Trafficking class with educators coming in from the FBI. There is free food and child care available at the class tonight.
- F. Women's Health Services- Hermiston noted that they are in partnership with the ICAAP Grant. They will do the child sexual abuse training programs. They will put in a small portion to target the children as the grant is focused on the adult population. Women's Health is applying for \$25,000. LSI is the other partner applying for the in home visitation component. In 2018, 300 kids had adverse childhood experiences. These children will touch our agencies later in life due to this. Hermiston notes they continue to be busy with outreach and training programs which include the alternative school. Alicia Cheek is the new health educator. She has a new video on social media called 2020 Vision of Your Health. The annual weather sponsor spot on the radio is out as well. A group of agencies have been working to plan a Parent Café. This is when parents come in and have conversation directed by trained facilitators. Certain topics are selected for them, but it is parent lead. This is Monday, January 13th and Hermiston has fliers available about the event. LSI is hosting the daycare and Sisters of St. Francis are having food. In February they will host an open house targeting the pregnant or parenting teen population in regards to linking them with resources and agencies. Hermiston announced that this is her last meeting as she is retiring at the end of February. She is now a grandmother and will be taking care of her new grandson. She is very proud to be a part of the history and impact of Women's Health Services and the community. She thanked the Board for their support of both her and the organization. There is currently not a replacement identified, they are still in the searching process. Malcom thanked her for her services, as when she stepped in she really had her work cut out for her. The Board unanimously thanked Hermiston for her work and wished her a very happy retirement.
- G. Area Substance Abuse Council (ASAC)/New Directions- Mussmann said the medicated assisted treatment clinic that is housed in their outpatient office opened on Monday. This is a supplemental program in addition to the one that MercyOne has. The clinic is run by UCS Healthcare out of Des Moines. They have clinics across the state. They are open Monday through Friday 7-12 for dosing and Saturdays from 8-10. The nurse will be

available from 12-3:30 Monday through Friday as well. They will also focus on opioids and alcohol. Hightower, the halfway house for women and children is under remodel. They are getting new flooring, heating and air conditioning. There is a new federal law in place for tobacco. You must now be 21 to purchase tobacco products. This is not fully in place in lowa. You must be 21 to purchase, but you can use at the age of 18 in lowa. Law enforcement cannot enforce these laws, they must be federally enforced. These loopholes need to be fixed. The IDPH now has Tele-Narcan available. ASAC and MercyOne now have a voucher system if someone needs Narcan. In lowa it must go through a pharmacy. Recreational marijuana has passed on the Illinois side as of January 1st. ASAC has had an increase of employers asking for help regarding this. They will be working on work place trainings regarding what is legal, and what they are required to do. IDPH is requiring a full-fledged assessment on tobacco, gambling, marijuana, alcohol, and prescription drugs. They have released that assessment plan that gives them until June to get that completed. ASAC will be reaching out to other agencies for input on the issues. Morgan asked what things businesses can do regarding marijuana. Mussmann stated there is confusion for pre-employment testing, hair testing, urine sampling, or even taking marijuana out of the test panel all together. Even if someone uses on the weekends, they may still test positive and not be impaired during the work week.

- H. Bridgeview Community Mental Health Center— Meyer stated that the last quarter from October through December they served 1515 unduplicated adults and 309 youth. 175 of those youth were seen in the schools. They have been without a nurse practitioner. She worked there for two days and was in a very unfortunate car accident and is now no longer able to work. Dr. Earwood is still able to prescribe meds for those who were current clients. They have a nurse from Florida that has been hired and will be available to start soon. Their new building is nearing completion. The contractors are ahead of schedule with the anticipating date of move in on March 31st. Meyer notes that they will have extra office space for any agencies looking to rent space. Regarding school based services; they haven't had a school based therapist for Clinton elementary schools. The new therapist will start tomorrow with the client load, as she was just licensed in December. Hermiston asked if they are at the alternative high school. Meyer noted they are indeed.
- I. Center for Alcohol & Drug Services, Inc. (CADS)- Not in attendance.
- J. Emergency Management— Malcom noted that with the Clinton County Medical Examiner's office, they noted one death due to fentanyl in October, one in September, and one in November. There is still one pending regarding opioids and there were none in December. Malcom hopes to have a full report in a few months. Burns handed out the 2019 Annual Report for Emergency Management. Run, Hide, Fight and Active Shooter trainings continue. After Clinton High School is completed, all Clinton schools will have been trained. Lyondell is having training for their safety and administration staff, and hope to continue soon for the remaining staff. In 2019, they completed 24 trainings with 931 people trained in the county. Stop the Bleed had 24 trainings last

year with 452 people trained. Dan Howard attended the Foreign Animal Disease Workshop. This is important right now considering the pork issues in Asia. They are setting up plans in case this happens to impact our area in the pork industry. Emergency plans are being put in place for this regarding quarantine etc. Regarding the reports provided, there were 1606 volunteer hours for our county last year. Burns noted that is something to be proud of given that they are a staff of 3. Not all of these things would be accomplished without the volunteer help. This upcoming year, they will be busy with the Radiological Training. FEMA requires certain trainings and exercises. The reception center is where they would evacuate people in case of a release of radiation at Exelon. This will be Northeast High School. A FEMA graded exercise must be done every 8 years, and 2020 will be the year. In June, they will have a rehearsal exercise to prepare and then the graded exercise will follow. Burns said they are also required to do an Emergency Operations Center exercise every two years for FEMA which also occurs this year in August. The drones have done 13 responses since mid-October including fires, missing persons, missing kayakers, and a lost student. Regarding the lost student, a tip came in that the child may have walked all the way down to the library in Clinton. Howard and a sergeant were at Bluff Elementary and flew the drone hovering over the high school because it must stay in eye sight. From there, it zoomed onto the steps at the library and was able to note the child sitting there. They were able to keep an eye on the child while additional officers were called to the scene. Thiltgen noted that it also has a flare to do night time searches. Scott County recently had an elderly dementia patient missing and requested help, but was found before they were able to respond. The drones have also responded to law enforcement events. When Fulton High School had word that someone had a gun at a school, it ended up being a hoax in attempt to pull law enforcement away from another raid. The drone was sent to the suspect's home and within 2 minutes, he surrendered noting that between the drone and canine unit, he had no other choice. At a recent house fire, the drone was able to note hot spots and aid in the safety of the firemen. With the recent train derailment in LeClaire, the railroad approached Emergency Management. They would like to do an emergency training considering Clinton has 3 different railroad companies that go through. A table top exercise will occur in April involving state and federal partners. McClintock stated that he would like to be a part of that training. Thiltgen stated that is a big fear in DeWitt as it is shocking the amount of cars and material that pass through on a daily basis. Morgan said they were quite lucky in LeClaire as most of the damage landed in a parking lot. Malcom noted that the story hit the Wall Street Journal.

K. Community Health Care, Inc- Eacker stated that her office has been short staffed with several on maternity leave. Right now the dental office is only operating Wednesday through Friday. Due to coverage they are unable to operate it the other days. On the medical side, they are proactively recruiting for another provider. Once the next provider gets back from leave, they will start seeing new patients again in the spring. Currently they are running this on a case by case basis, so not everyone is being turned away. There is a current waiting list. Morgan questioned insurance coverage regarding what percentage are not covered. Huisenga stated the website with the county

rankings shows were are doing better than most. **Mussmann** said lowa Total Care is not paying. **Osaro** said none of them are paying. **Mussmann** stated they owe over 1.3 million to ASAC at this time. **Osaro** noted that there is not enough voice to let the government and those in charge be made aware of what is going on. **Irwin** said that all the agencies in our county that are short funded should email the information to **Eggers** to compile and forward on to him so that he may contact Senator **Chris Cournoyer**. **Thiltgen** noted that she has become very aggressive in helping with issues like this. **Osaro** said many institutions are filing bankruptcies and it is unknown where these patients are going to go. **Hermiston** said this list is pretty wide spread, it is not isolated to just our area. She noted that the issue is not really being listened to at the leadership level. **Osaro** said we should submit this information to many different outlets, such as **Wolfe** and **Grassley** so it doesn't die at one stop.

L. EveryStep/MCAH- Unable to Attend.

AGENDA ITEM VI - BOARD OF SUPERVISORS

Irwin said that the Supervisors are starting the budgeting process very soon. Ray Ackerman came to last week's meeting and spoke of his concerns with the backup of autopsies. This was passed on to Cournoyer who has reached out to the State Medical Examiner to see what can be done about this. Malcom noted that the State Medical Examiner has no money in his budget. 90 out of 99 counties are sitting at status quo budget. The issue regarding Muscatine County and mental health is still pending. There is a lot of negativity with this issue. It is clear that Muscatine wants out. Locally we spent 12.9 million last year and we will now have a budget for our region of 7 million. This will greatly impact both constituents and providers. Someone is to be hired by July 1st to oversee Children's Mental Health, but the Supervisors have decided not to until the funding is there. Irwin stated they think the entire state can be covered for \$600,000 with the assumption that those under 18 years of age are covered under their parent's insurance or Medicaid, which he deems impossible as 7 % of our crisis services are for those under the age of 18 in our county.

AGENDA ITEM VII - PUBLIC COMMENT

Malcom stated that the county no longer pays for autopsy return to the county. If you object to that you should write your state legislator, there is nothing the Supervisors can do for this. She noted this is not just an issue for our county, unclaimed bodies are piling up at the state morgue.

AGENDA ITEM VIII - OLD BUSINESS

NONE

AGENDA ITEM IX – New Business

NONE

AGENDA ITEM X - NEXT MEETING DATE

March 5th, 2020 and May 7th, 2020 at 7:30 am at the Clinton County Administration Building, Conference Room "B". **Malcom** will need to phone in for the March meeting if necessary for a quorum.

AGENDA ITEM XI – ADJOURNMENT

Motion by **Thiltgen**, seconded by **Osaro**, to adjourn. Motion carried unanimously. Meeting was adjourned at 8:35 a.m.

Respectfully Submitted,

Kelli Eggers, Administrative Assistant to

the Board of Health

Approved

Or Malcom Chairnerson Board of Health

Attachments can be viewed by contacting the Board of Health at the Clinton County Satellite offices.