

**Minutes – Clinton County Board of Health
Public Meeting held
September 14th, 2023 – 7:30 a.m.
Clinton County Satellite Office, large conference room and Via ZOOM**

<u>Board Members</u>	Dr. Mary Malcom	Present
	Jean Morgan, RN, BSN, MSED	Present
	Don Thiltgen	Present
	Chelsea Sullens, DPT	Present
	Jenna Lovaas	Present

Staff Present Shane McClintock, Director to the Board of Health
 Kelli Eggers, Administrative Assistant to the Board of Health

Others Present Michele Cullen, Public Health/Genesis VNA
 Nancy Burns, Emergency Management
 Lauren Schwandt, Gateway Impact Coalition
 Kristin Huisenga, CSAC
 Carolyn Weets, CSAC
 Cynthia Kaczinski, Hillcrest Family Services/WIC
 Maribeth Bousman, ASAC
 Heather Montgomery, Women’s Health & Family Services
 Angie Eacker, CHC
 Sherri Zirbes, CHC
 Olivia Ragenweather, ASAC

Malcom called the meeting to order at 7:32 a.m. The meeting was held with the option of in person or via ZOOM due to social distancing. Roll call showed 4 members present at the start of the meeting with 1 joining late. 3 members were in the meeting room, and 2 were via ZOOM due to unforeseen circumstances. It was **moved** by **Thiltgen**, seconded by **Lovaas**, to **APPROVE** the July 20th, 2023 minutes as submitted. Motion carried 4-0.

AGENDA ITEM III – BOARD OF HEALTH

Malcom’s term on the Board of Health has been renewed, now set to expire 12/31/2026.

AGENDA ITEM IV – COMMITTEE REPORTS

- A. **Finance** – No updates.
- B. **Personnel** – No updates.
- C. **Total Quality Management** – No updates.

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AGENDA ITEM V – DEPARTMENT REPORTS

- A. **Environmental Services- McClintock** was present but had no updates.

B. **Genesis VNA & Hospice**– Informational report submitted. **Cullen** requested approval of public health contracts and sub-contracts. It was moved by **Lovaas**, seconded by **Thiltgen** to **APPROVE** said contracts. Motion carried 5-0. Child vaccines continue to be offered as well as monthly immunization clinics in Clinton/DeWitt. Preschool audits will start after the first of the year. Covid clinics have been put on hold as the previously authorized vaccine is no longer authorized for use in the US. It is unclear when the requested vaccine allotment will arrive in the county. Residents can check the county website and Health Department Facebook page for updates. The Bridge Program for vaccines has been applied for. This helps the underinsured or non-insured to still be able to get the vaccine. The Region 5 Healthcare Coalition met in August for their first face to face meeting in over 2 years. The meeting was well attended with over 40 members. They have participated in Stop the Bleed trainings with community partners such as churches and schools. The idea is to get the training out to places who will have large crowds of people. **Cullen** is aware of at least two incidents in the county already where this training helped. **Thiltgen** questioned the program as he has participated in a similar or same program. **Cullen** stated it comes with a tourniquet that you can keep in your vehicle or home. **Malcom** noted that most tourniquets do have a five-year expiration date, but they could still certainly work if nothing else was available.

- C. **Maternal Child and Adolescent Health (MCAH)**- Not in attendance.

D. **Hillcrest Family Services/WIC**– **Kaczinski** noted that they discovered the updated MOU will not be necessary as placed on the agenda prior. They are winding down with the current WIC grant year and starting to work on next year's grant. The budget was cut by 5%. 49% of those who are eligible are receiving benefits. They are meeting with the state next week to discuss numbers. They continue to meet with local community partners such as food pantries quarterly. This helps with client referral so they may receive all eligible benefits. All Farmer's Market checks have been distributed, in fact they received a second shipment. CHC must be on all materials they use. The cash benefit value to purchase fruits and vegetables is \$9 per child and \$11 per woman. This amount is up for review by the federal government and is to be determined.

- E. **Early Childhood Iowa/DECAT**- Not in attendance.

F. **Clinton Substance Abuse Council (GIC & CDC)**- **Huisenga** said the Clean Up Your Medicine Cabinet event is upcoming. It is noted that Clinton County area youth using substances is lower than 10%, if not 8%. These numbers are lower than ever before. They are working with schools on receiving data from the youth. This data is important, but new legislation is making it difficult. PSPM Grant is one they are working on currently that focuses on adult binge drinking and heavy drinking. They are looking for 3

people to be a part of that group and anyone interested can contact **Huisenga**. **Schwandt** stated they are finishing year 8 of 10 for the fentanyl funding. They are working on a sustainability plan on how this will continue after the 10th year. They are also navigating through the new legislation regarding active consent forms. The coalition is attempting to put a positive spin on the 90% of area youth who do not use. **Lovaas** noted Jones County did a nice campaign regarding this. On September 24th from 2:00 PM-4:00 PM at the DeWitt Library, they will host a celebration event for area youth. **Weets** said her duties are involving prescription drug misuse in Clinton County. They meet with local prescribers to even go as far as to encourage monitoring and education of proper disposing. They continue to campaign that prescription drugs are still drugs. There was an overdose vigil in August with over 200 in attendance. Lots of positive feedback has come in regarding this event.

- G. Women's Health and Family Services– Montgomery** requested approval of the 1st quarter Pregnancy Prevention claim. It was moved by **Lovaas**, seconded by **Thiltgen** to **APPROVE** the claim as submitted. Motion carried 5-0. **Cheek** has been busy in the schools with the Pregnancy Prevention Program. It is the first year back to Clinton Middle School since Covid. They offered rapid HIV testing at the recent overdose vigil with a few participants. New legislation has passed and they are checking with each school as to what their expectations are.
- H. Area Substance Abuse Council (ASAC)/New Directions- Bousman** also noted the recent legislation regarding youth surveys. It used to be passive consent at the beginning of the school year, now it is active consent for each survey done in the school. This causes a big road-block on data collection. **Olivia Ragenweather** said the tobacco plans were approved so now they can work on smoke free homes. They have been in contact with property management companies and landlords regarding smoke free homes.
- I. Bridgeview Community Mental Health Center- Robinson** was unable to attend but previously informed **Eggers** that the bus route is now running to Bridgeview and ridership is increasing. They hope that continues so it becomes permanent as to provide clientele with reliable transportation.
- J. Emergency Management- Burns** stated they continue with Run, Hide, Fight trainings in Clinton schools. After the first of the year they will begin training in all schools. A tabletop exercise for the nursing homes and Skyline took place. A train derailment exercise with a release of toxic material took place. **Kness** was recently in Calamus-Wheatland schools working on their tornado event planning. Our area is still very behind with rainfall and drought concerns continue. Another update will come out tomorrow. The concern is field fires with equipment in dried out fields. A Zoom group may be formed to regularly discuss the drought. They continue weather monitoring especially for area events alongside the NWS. All of EMA's plans have been approved by the state for the year. They participated in the recent area night out events as well as upcoming open houses for Clinton and Camanche fire departments. A large search event took place nearly two weeks ago with a missing elderly man. A drone was used in

the event. Many volunteers helped the cause. There are many resources out there available to those who have family members with Alzheimer's. The Alzheimer's Association website is just one of those. **Malcom** noted an ounce of prevention is worth more than a pound of cure. We need more families participating in the WIC Program and we have a variety of resources for our neighbors who have dementia.

K. Community Health Care, Inc- Eacker introduced **Sherri Zirbes** who started with CHC in June. Her duties include outreach for referrals. She attends many community events hoping to refer people for insurance needs, food, transportation (etc.). On Fridays, she is at the courthouse working in the resource center.

L. MercyOne MAT Clinic- Not in attendance.

AGENDA ITEM VI – BOARD OF SUPERVISORS

Not in attendance.

AGENDA ITEM VII – PUBLIC COMMENT

Malcom noted that the DeWitt Farmer's Market has seed packets for a suggested donation of 25 cents each. Proceeds will go to the DeWitt Referral Center. **Thiltgen** questioned **Cullen** regarding the state's efforts to reduce staff. He questioned whether it trickled down to the county level. **Cullen** said that there are currently no updates but a lot of programs are affected. The roll out will come, but currently it is business as usual. **Huisenga** encouraged parents to check on their children's upcoming Halloween candy. She also reminded the board that Narcan is now available over the counter.

AGENDA ITEM VIII – OLD BUSINESS

None.

AGENDA ITEM IX – NEW BUSINESS

None.

AGENDA ITEM X – NEXT MEETING DATE

November 16th, 2023 and January 11th, 2024 at 7:30 am at the Clinton County Satellite Building, large conference room. Meeting also available via Zoom.

AGENDA ITEM XI – ADJOURNMENT

Motion by **Morgan**, seconded by **Thiltgen**, to adjourn. Motion carried unanimously. Meeting was adjourned at 8:16 a.m.

Respectfully Submitted,

Kelli Eggers

Kelli Eggers, Administrative Assistant to
the Board of Health

Approved


Dr. Malcom, Chairperson, Board of Health

Attachments can be viewed by contacting the Board of Health at the Clinton County Satellite offices.