Minutes - Clinton County Board of Health Public Meeting held

May 1st, 2025 - 7:30 a.m.

Clinton County Satellite Office, large conference room and Via ZOOM

Board Members Dr. Mary Malcom

Absent

Jean Morgan, RN, BSN, MSED

Present

Don Thiltgen

Present

Chelsea Sullens, DPT

Absent

Jenna Lovaas

Present

Staff Present

Shane McClintock, Director to the Board of Health

Kelli Eggers, Administrative Assistant to the Board of Health

Others Present

Michele Cullen, Public Health/MercyOne Genesis VNA

Lauren Schwandt, Gateway Impact Coalition

Kristin Huisenga, CSAC Carolyn Weets, CSAC Amber Smith, CSAC

Cynthia Kaczinski, Hillcrest Family Services/WIC

Jim Irwin, Board of Supervisors

Briana Boswell, MCAH

Angie Eacker, Community Health Care

Parker Prochaska, Scott County Health Department

Christina Mensinger, ASAC

Thiltgen called the meeting to order at 7:31 a.m. The hybrid meeting was held with the option of teleconference participation. Roll call showed 3 members present. It was **moved** by **Lovaas**, seconded by **Morgan**, to **Approve** the March 6th, 2025 minutes as submitted. Motion carried 3-0.

AGENDA ITEM III - BOARD OF HEALTH

No updates.

AGENDA ITEM IV - COMMITTEE REPORTS

- A. Finance No updates.
- **B.** Personnel No updates.
- C. Total Quality Management No updates.

AGENDA ITEM V – DEPARTMENT REPORTS

- A. Environmental Services- McClintock was present with no updates.
- B. MercyOne Genesis VNA & Hospice- Report submitted. Cullen requested approval for her to sign upcoming Public Health contracts and amendments. It was moved by Lovaas, seconded by Morgan, to APPROVE said contracts and amendments. Motion carried 3-0. Cullen requested approval to move \$5000 from non-population health to population health. It was moved by Lovaas, seconded by Morgan, to APPROVE said movement of funds. Motion carried 3-0. The Let's Live Healthy Initiative continues with donation gardening. They are trying to get the word out to help those with extra produce this summer to donate. Pick up bins will be available at Clinton and DeWitt Information and Referral and the Wheatland Community Center. Morgan questioned WIC benefits. Cullen said yes, they do encourage both WIC and senior citizen vouchers. The idea is to plant a row for yourself and one to donate. Walmart will be donating seeds. It is good to remember that some don't qualify for WIC but still could use the benefits. The Storybook Walk for DeWitt is finished with the theme currently being If You Give a Pig a Pancake. Lovaas asked if that will change. It will change by June and hopefully up to 4 times per year. Morgan questioned if Cullen has seen effects from the Medicaid cuts yet. Eventually skilled side visits and services may be decreased. There is a push for flu vaccinations in the agricultural community. Morgan questioned the unvaccinated rates in the county. Cullen didn't have numbers off hand but said more than when she first started. Morgan noted the measles situation is out of hand but will usually die down in the summer. Cullen said it really depends on seasonal travel. Morgan said someone needs to advertise the long-term effects of measles such as heart defects and hearing loss. The event called Nurturing the Roots of Wellness will take place on May 13th from 5-7:30 PM at the Camanche Community Center. This is a mental health wellness event with a keynote speaker. Online attendance is available if you register.
- C. Maternal Child and Adolescent Health (MCAH)- Boswell noted they are in grant writing season. They are currently writing the Child and Adolescent Health Grant. The childcare nurse consulting funding is included. They received a letter regarding executive orders and making sure they are in place and they have been receiving guidance with that. Jody will have updates with Clinton County ISmile numbers at the next meeting. Parker Prochaska of the Scott County Health Department updated with the current tattoo and pool inspections report for Clinton County. 7 pool inspections have been completed with 4 more outdoor that have not yet opened. One tattoo shop is operating without a license. It is Heaven Bound at 202 South 2nd Street. They have been served a cease-and-desist order. They are working with the county attorney and the Sheriff's office on the matter. Tammy noted their policy regarding pools has always been to inspect them prior to opening.
- D. Hillcrest Family Services/WIC- Kaczinski said that participation has been steady. They are slightly down about 1.1% but they are calling people and getting them rescheduled for missed appointments. The lowa Department of Agriculture and Land Stewardship

did get the notification that there will be a program for Farmers Market nutrition this summer. The dollar amount is currently unknown. Changes have been made at the federal level with benefits. Instead of purchasing pureed baby foods, they can actually get a cash value benefit which could be used for fresh or frozen produce to make their own baby food. Juice quantities will decrease this year, but they will increase certain items such as yogurt. They are also considering adding canned fish to the children's food packaging. Another action plan they are working on is to decrease an infant's weight at birth. They are discussing adequate weight gain and nutrition with expecting mothers. **Morgan** suggested offering moms information on how to make their own baby food.

- E. Early Childhood Iowa/DECAT- Not in attendance.
- F. Women's Health and Family Services— Montgomery requested approval of the 4th quarter Rapid HIV and 4th quarter Teen Success claims. It was moved by Lovaas, seconded by Sullens, to Approve the claims as submitted. Motion carried 3-0. They too received the letter from the state regarding the executive orders. It is believed that they are trying to get rid of the Pregnancy Prevention Program altogether. Currently this grant goes until the end of June. It has been known that Title X funding is being withheld. Some places haven't received any funding and some only about 46% of their budget.
- G. Community Health Care, Inc- Eacker stated that Dr. Jorhan is their family practice dentist working Monday through Friday. They also have a pediatric dentist at their location once per month now. They are reaching out to schools and existing patients for children who need services. They continue to take new medication recovery patients as well.
- H. Clinton Substance Abuse Council (GIC & CDC)- Smith spoke of her PFS PAM Grant and the need to move their banner around to high traffic places. They wish to move it every 30 days or so. She continues to work on her sustainability plan. Weets spoke of the SPF-RX Grant and thanked the Board of Health for their continued support. She thanked Eggers for her work on the committee and her volunteer efforts. Weets explained that they have decided to sustain 2 strategies. One being to educate parents and caregivers about the dangers of prescription drug misuse and how to keep them safely in their home or get rid of them when no longer needed. The other strategy is Academic Detailing which involves meeting with prescribers on best practices. Our county is the 5th highest in the state for prescribing opioids and benzodiazepines. Previously they reached out to the Board of Health for their support in asking the Board of Supervisors for funding to help these strategies. That has been put on hold because their agency is also working with the Supervisors on the funding. Thus, their sustainability plan has been submitted, and they received good feedback with very minor changes. Smith stated that all are invited on Friday, May 2nd to the Admin Building in Clinton for their annual celebration from 8 to 9 am in the cafeteria.
- I. Area Substance Abuse Council (ASAC)/New Directions- Mensinger stated the biggest

event right now is the one **Cullen** mentioned early in Camanche. You do not have to register to attend in person, but you do for the virtual option. Resource tables are available if anyone would like to set one up as well. They continue to work on tobacco free policies with businesses and promote Quitline lowa. So far 39 individuals have been referred to the program to stop smoking or using products. Their staff continues to work diligently in schools regarding making healthy choices. There is now an alternative suspension in place for some schools if you get caught with vapes. Instead of suspension they receive 8 hours of education with their staff on healthier practices.

- J. Bridgeview Community Mental Health Center— Eggers noted they are short staffed and have not filled Robinson's position, so they may not be in attendance for a while.
- K. Emergency Management- Eggers noted that EMA was unable to be in attendance today.

AGENDA ITEM VI – BOARD OF SUPERVISORS

Irwin reiterated that they approved \$75,000 to each CSAC and ASAC for opioid prevention. May 13th is the next Planning and Zoning discussion regarding wind turbines. That will be at the DeWitt Satellite Building and then likely two weeks after that there will be a discussion at the regular board meeting. The following will likely be in the DeWitt school auditorium. The levies have been finalized for the upcoming fiscal year. Irwin gave a shout out to the department heads and elected officials for their help. They dropped 20 cents off the general levy. We are being squeezed by the state on legislation, and it is really impacting us. Some of the legislation going on will directly impact the county especially when it comes to the developments the city of DeWitt is working on for residential housing and the city of Clinton regarding Atlas Roofing. Irwin reminded the board that the county runs on roughly 90% property taxes, the cities anywhere from 50-70% on property taxes, and the school on at least 50% as well. Morgan brought up Medicaid cutting. She feels it is really going to affect our county with nursing homes and hospitals, and we shouldn't let it happen. Irwin said that HHS needs to act and decide whether they will push for the state to be funded at a higher rate for Medicaid from the Federal Government. On July 1st, the mental health region will be changing to a district with 1.3 million people. He stated the impacts of this are already being seen. Last month there were 70 committals through the court system. He feels we are likely to lose our co-responders that ride with some of the law enforcement. In the past, this enforcement has resulted in 94% of the individuals not having to end up in jail or in the hospital.

AGENDA ITEM VII – PUBLIC COMMENT

None.

AGENDA ITEM VIII – OLD BUSINESS

None.

AGENDA ITEM IX – New Business

None.

AGENDA ITEM X - NEXT MEETING DATE

June 26th, 2025 and August 21st, 2025 at 7:30 am at the Clinton County Satellite Building, large conference room. Meeting also available via Zoom.

AGENDA ITEM XI – ADJOURNMENT

Motion by Morgan, seconded by Lovaas, to adjourn. Motion carried unanimously. Meeting was adjourned at 8:26 a.m.

Respectfully Submitted,

Kelli Eggers, Amninistrative Assistant to

the Board of Health

Approved Don Thiltgen for De Malcon, Dr. Malcom, Chairperson, Board of Health

Attachments can be viewed by contacting the Board of Health at the Clinton County Satellite offices.